

# Am I at risk?

Breaking the silence  
and lighting the way  
on uterine rupture.



**UterineRupture**  
Awareness

[uterinerupture.org](http://uterinerupture.org)  
[@uterinerupture](https://twitter.com/uterinerupture)

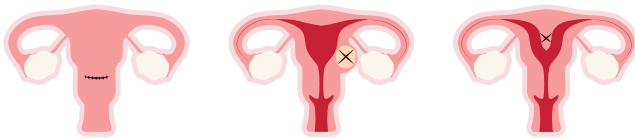
## What is uterine rupture?

Uterine rupture is an uncommon but serious obstetric complication in which the wall of the uterus tears during pregnancy or labor.

It can affect both the mother and the baby and requires urgent medical care.

## Am I at risk?

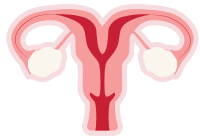
Uterine rupture is uncommon, but certain factors can increase the risk:



Previous cesarean scar

Fibroid removal (myomectomy)

Hysteroscopic uterine surgery



Uterine anomalies



Labor induction or augmentation

## Signs & Symptoms

Recognizing the early signs of uterine rupture is essential, as delayed treatment can have life-threatening consequences for the baby and, in some cases, the mother.

Many women report that their symptoms were subtle, dismissed, or misinterpreted.

This page summarizes symptoms described in the medical literature and those frequently reported in patient experiences.

Possible symptoms include:



Sudden pain



Intense Pressure



Shoulder pain



Non-Stop Contractions



Vaginal Bleeding



Nausea Vomiting



Dizziness Faint



Fever Hot or cold



Sense of Impending Doom

Symptoms can sometimes be subtle, atypical, or develop gradually rather than suddenly. The symptoms listed here are the most commonly reported, but the list is not exhaustive, and their absence does not rule out a rupture.

## If in doubt or if symptoms appear

Uterine rupture is a medical emergency that requires immediate surgical intervention.

If symptoms occur, go immediately to the nearest hospital with an obstetric unit capable of performing emergency surgery.

At equal distance, choose the highest level maternity unit available, preferably with neonatal intensive care services.

If immediate transport is not possible:

Call 911 or

your local emergency services.



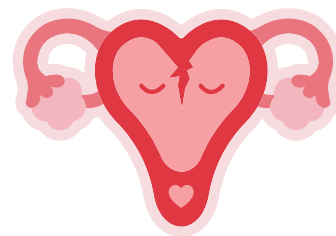
## The importance of awareness

Awareness of uterine rupture and care from a trained medical team can significantly reduce complications and improve the chances of survival for both mother and baby.

More information  
about uterine rupture:



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